



LIVE FOR

ONE

WHAT MATTERS MOST

# ONE – Live for What Matters Most

A new year brings a fresh opportunity to reset, refocus, and realign. In a world filled with distractions and endless tasks, it's easy to stay busy yet feel empty. What if the things we're chasing are pulling us away from the One who matters most?

In His prayer, Jesus said, "I pray... that all of them may be one, Father, just as you are in me and I am in you" (John 17:20-21).

This year, we invite you to make 2025 about living for what truly matters. Center your heart, mind, and life on God—the One who brings clarity, peace, and purpose.

- **Jesus at the Center:** Realign your life with Him as your foundation and guide.
- **Community Where You Belong:** Walk this journey together, growing and supporting one another in faith.
- **Purpose That Drives You:** Live intentionally, focusing on God's calling for your life.

What if this is the year you stop doing everything and start focusing on the One thing that changes everything?

Let's live for what matters most—together.

# Personal Spiritual Growth

Focusing on your individual walk with God, nurturing your relationship with Him, and growing in faith.

What is ONE spiritual area you will focus on this year?

Example: Prayer, Bible Reading/Study, Service, Worship, Sabbath Rest

Write Your Focus:

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# Weekly Reflection Journal

A space to pause, reflect, and realign your heart  
with what matters most each week.

Take a moment each week to ask yourself questions like, “How did I grow closer to God this week?” (Personal) and “How did I encourage or invest in someone else spiritually this week?” (Relational).

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# Weekly Reflection Journal (cont.)

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# My Spiritual Commitment

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I commit to focusing on ONE thing this year—God's purpose for my life—and sharing His love with others.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

